



COVID-19 Statement In-Office Appointments

We are available for in-office appointments for patients who have not:

- Experienced respiratory symptoms which include shortness of breath, fever, dry cough, and fatigue in the last 14 days.
- Traveled outside of Canada in the last 14 days.
- Been in contact with someone who has COVID-19.
- Been in contact with someone who lives or works in a long-term care facility in the last 14 days.

We ask that any patients with any COVID-19 symptoms to not come into the clinic. A consent/declaration form provided at the reception desk must be filled out and signed upon entry. All patients must wear a mask during their appointment.

Rest assured that we are taking every precaution available to us to keep you protected. Should you meet criteria and come into the office, we have taken the necessary steps to protect you and our staff including:

- Co-ordinated safe social distancing practices between patients and staff.
- Regular deep sanitization of the entire clinic.
- Minimized the waiting area - we ask that our patients arrive at the time of their appointment.
- Contactless payments

What to Expect

- To maintain safe physical distancing, we have greatly reduced the amount of people in the office at any given time.
- Need supplement or prescriptions? Please email or call in your supplement orders and prescription refill requests.

New Patients

We ask our new patients to fill in our Intake form and email or drop off at the clinic.

During this time our 90 min, Initial consultation will go as follows

- 1 hour phone consultation (going over the Intake form)
- 30 minute physical check in person at the clinic